The conquest of death is in fact the primary aim of the Integral Yoga of Transformation, as we learn from the many volumes of Sri Aurobindo’s philosophy of yoga, and from the Mother’s Agenda. And Savitri is the mantric transmission of the will and force that are activated in this Yoga. The principles of such a yoga are stated throughout Savitri and many of the practices known to various schools of yoga are also described. But in the cantos of Books 9-11 the process of the conquest of death and rebirth is narrated and the path is defined with explicit detail. The aim of this workshop will be to see and hear through the power of the Sruti this teaching.

As we are told in the central canto, at the apex of Aswapati’s Yoga: “One shall descend and break the iron law... Fate shall be changed by an unchanging will.”

What is being transmitted by Savitri is fundamentally not information for the mind. Sri Aurobindo’s intention is to transmit the force of truth from the highest planes of consciousness. At some point in our development and our ability to hear, we are no longer gathering information or interpreting anything, but we are in the presence of the Goddess of Illumined Speech. She is invoked, becomes present, and fills one with the divine force.

Rod Hemsell will also present additional commentaries based on parallel teachings from Tibetan Buddhism by Tenzin Wangyal Rinpoche, Songyal Rinpoche, Dzogchen Ponlop, and the Dalai Lama, from some of whom Rod has received personal teachings and empowerments.
PROGRAMME

Wednesday
Check-in 13:30 - 14:00
Workshop introduction: 15:00 - 17:00

Thursday - Saturday
07:00 - 08:00 Pranayama and Meditation
Breakfast 08:00 - 09:00
Savitri Immersion from 09:30 – 11:30
Lunch Break 12:00 – 13:30
Savitri Immersion from 13:30 - 15:30; Tea Break
Savitri Immersion: 16:00 - 18:00 pm; Dinner: 19:00

Sunday
Savitri Immersion 09.30 - 11.30
Lunch 12.00 Closing at 13:30

For Rod’s publications see:
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Auroville International Netherlands
and the Sri Aurobindo Learning Center support this workshop.

Contribution for the 5-day workshop, including 3 meals,
lodging, and teaching will be approximately € 325,- € 350,
depending amongst others on the room choice.
Details on reservation and rooms will be provided
upon provisory subscription.
For information on the content of the program:
rodhemsell@yahoo.com,
on the organisation and subscription to
Josee Lamers: voorzitter@auroville.nu.